

# SHOWNOTES - Anonymous Guest (25/50)

📅 Sat, Nov 12, 2022 6:33PM 🕒 29:22

## SUMMARY KEYWORDS

dad, told, story, wife, life, grandparents, sat, young man, day, met, burns, years, guess, home, long, pancreatic cancer, live, daughter, barry, granddaddy

## SPEAKERS

Scott Hilton (Host), Guest

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Scott Hilton (Host) 00:15

Welcome to another episode of The that's my dad podcast a little unusual today you were here. You know, our focus and purpose here is to inspire young men who may be going through a difficult time. And we have a guy here who went through an extremely difficult childhood. And I appreciate him having the courage to come and share his story. But his fame was still around, you know, the last thing we want to do is embarrass anybody or make anybody uncomfortable. And the only way we could figure to really tell his story, because it's a story that's incredibly inspirational because of where he is today. To know what, what he came through. So the only way we found to really tell the story was to leave him in disguise a little bit. And the production crew, I think, figured out a good way to do that. So we'll be using a fictitious name. Just have to bear with me through that. But I want to introduce you to Barry. Barry is a guy that I interviewed for my book a couple of years ago now. And I'll never forget the day Barry, that we did that interview in my in my living room, I don't think you had talked much about your situation, growing up with your dad that day. And it was a very emotional day for all of us. In fact, I remember my wife said, I just can't I can't sit in on any more of these because she had gone through two or three of those. But this is a it's a difficult thing for you to talk about.

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Guest 01:52

It is my daughter was there that day and she wasn't supposed to be and had heard some of that story, but not all of it, you know? That a kinda kind of puts it in a different spotlight, I guess when Yeah, talking about it in front of her.

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Scott Hilton (Host) 02:15

It was really interesting because we we did that interview in my living room, your wife and my wife and the two of us and your daughter came because she she had been scheduled go somewhere else. And that's something fell through and she kind of at the last minute came. But she would end up playing a major role in that interview because of a story she told about you.

But, Barry, you're what we consider a script flipper. The script flipper is someone who takes a life story and comes out of a difficult situation. And they they turn things around. And you're the kind of guy that we want to speak to our, our young man who we hope Listen, I know they do listen, because there are a lot of young guys that are going through what you went through and it was a pretty tragic time. So what I want to do is just kind of ask you to share your story your childhood and, and follow follow on through,



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okay. So when my mom was about 15 years old, when I came along, she was her and my dad were together. My dad was alcohol and though consumed his laugh. And then later, my mother's he left shortly after I was born, I would say two or three months after I was born. My mother from what I can remember from the time I can start remembering we bounced around from place to place, living wherever she she couldn't stay clean. Long enough to keep a job and everything else. So we had to live with my grandparents. I moved in with my grandparents and then it was sporadic. I'd go back and forth between her now and she's married. I think about six times in that span of from the time I was born till I guess I was 18 years old or so I think she's married about six times and basically the same man every time. Alcohol, drugs and abusive beat her He would have made his way over, you know, but um, it rolled on till I was probably I think I was around 14 to 16. The first time I remember meeting my dad, he had moved to California was in a motorcycle wreck. He, his parents, his mother lived here. He came out here to kind of rehabilitate through all that. First time I made him using a body cast for the most part. Rough, you know, him. From that point, he said he wanted to get involved in his back and forth for a while and I guess, about the time I was 1718, we kind of I kind of just told him to quit Colin, because we could never stick to nothing. And for my hair, met my wife, her, my grandparents, my granddaddy, just to, I guess, go back a little bit. My granddaddy played a very instrumental role in my life as far as helping raise me tried to keep me, you know, on the path. I guess it wasn't until I met my wife and met her. Her father



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I had gotten involved with I was going down the same road that my mom was alcohol had become a important thing in my life. Drugs was creeping in my watch father, just God feared man took me in was dating, how would live in at home or with a friend or whatever, through most of it



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got to a point where I guess they kind of knew what was going on with my home life. So they her dad kind of made a deal with me that I could spend the night there on Saturday night if I didn't go to church really on Sunday morning. And if I didn't uphold my end of the bargain, the following Saturday, I didn't stay there. And he always up hailed his end of the bargain. So he got to where I would rather just stay there on Saturday night because of the chaos that was going on at home. So it rolled on for a couple of years like that. Me run in and act in a fool and just live in how I wanted to live and her dad just continued to live the gospel in front of me. They never preached to me never, never told me, you know, I was gonna die and go to hell for the way as live live in they never ever done any of that he just live the gospel in front of me.

And which intrigued me to know more. And the we were engaged for my wife not dated for six years was engaged for four and probably for the last four years of our engagement. I live there with them. And I don't know many men speaking as one that would allow their daughter's boyfriend to live with him now. I slept on the couch of course and he didn't sleep. He made sure I was where I was supposed to be out. But um so I guess it was when I was 23. We're just going to a local church here and with my wife and I was going to college and career group. They were preaching and prior to that, the pastor had come to the house and had talked Do me and I told him that we had went to church that Sunday morning and yeah he didn't ever ever hate buyout ever I closed you know we've done that. We thought data Dave, thank you go to hell raise your hand, raise my hand he come to the house that afternoon outdo me I told him that everybody else's land too. I would see them all there



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very dangerous place in my life at that time. Bad police. He told me I was wrong. You know, and I'm glad he did. He did. But he left their crown that day. And I told him that I was okay with going to Hale. And looking back at my hobby, the dumbest thing I've ever said Enough said a lot of dumb things. But a couple years later, we was at the college and career, his breaching house that that the Lord called me a couple of years later, my wife and I was married and are 21 years, 20 years in now of marriage, and



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it ain't all been easy. My past creeps in from time to time and trust in you trust issues and day out. A lot of things roll in from just living the way we lived. And



Scott Hilton (Host) 11:52

it was a pretty emotional moment. When you said a couple of years ago, you shared your story with me. I don't think you talked to a lot of people about that for a number of years.



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No, it's something that I've kept to myself for a long, long time. Some of it is, I guess, at the time, embarrassment, maybe



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of growing up the way we did some of it was the things we did you know, that's



Scott Hilton (Host) 12:37

your Are you still experiencing the pain from that? And how do you deal with that? Absolutely.



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The I don't think I don't know that there will ever come a time where I'm over it. That would be nice. But I'm nail the way I deal with it, I guess is first of all the word. Try to submerge myself in God's word. surround myself with godly men. And a man that's not afraid to tell me. What's what? I think every young man needs that in his life, no matter whether he thinks it or not. You need somebody in your life that will be hard with you. Tell you when you miss a day when you're going to mess up and tell you when you do good. You know, I think you need to.



Scott Hilton (Host) 13:47

So ironically, your dad called you today. Yeah,



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that was kind of it. He will call occasionally. He and I have not spoken in



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how long I would say four to five years. And in that conversation his mother had gotten a hold of me and said that they thought he had pancreatic cancer about



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eight years ago and made him we have never had a relationship a good one. So when I heard that, you know I called her a dear friend of mine. And him talked about it and



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he's the guy that stands in the gap for me. He told me that he said you do what you Want to do? But I think you know what you have to do. So, I went, I went to his house, we talked about a few things. And I felt like he was he was facing mortality, I feel like he thought he was about to die. And we wanted to try to make things right. 38 years later, I guess he wanted to make them around. But, um,



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so we talked and he wanted to meet my daughter. He had, he had never met her up until the end.



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I told him that I felt that, you know, he'd had to prove himself to me before I could allow that to happen. But, um, in that conversation, I got to share the gospel with my dad.



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You know, that's all I could do at that moment, you know, and we lay off on decent terms. And he and I communicated, and I would give a visit for probably six months, six or seven months, and he stuck to his guns, he everything that he said he would do, he did everything I asked him and he did.



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So when my daughter was roughly 12, I guess living 12 years old. She, we went to his house, and she made him for the first time.



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And it was a great day, everything went real smooth, real easy. And I told her, she didn't owe me anything except respect. You know, just because we, we've raised her, you know, you don't have to, there's no name, you have to call him you call him by his name, you don't have to call him pop or granddaddy or nothing, you just call him by his name. But so we set up another meeting. And found out that he didn't have pancreatic cancer during this some of this time, and it was something else and trying to sit at the other meeting, it all fell apart from there. He went back to just doing what he wanted to do and be in his old say off. So there was some regret on my side there a little bit. For a little, it was selfish regret, I feel like



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at the time, I wish I could have went back and not let him matter. But looking back at that, and that was maybe and



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that was me being selfish, you know, if he had hurt me for all these years, and even as a grown man, if if you can't meet your granddaughter, then it'll hurt you a little bit. You know, looking back, that was



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how I felt about it, but it rolled on for a while. made him stop sensing and I told him you know, it's just



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is kind of a flag on the play. You know, you can't, I can't allow you to be that in her life, like, you know, in and out of her life like he was mine.

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Scott Hilton (Host) 18:54

Sometimes we tend to be kind of romantic about those kinds of things. And you know, you got to put the romance aside sometimes you've messed up. Dad, you messed up, you got to pay the consequences. This is the way it works. This is the real world. And then one of the consequences is you don't get see grandkids. You know, tough luck. He should have done better. Yep. I think sometimes you just got to be tough. But did you ever come to a point? Or have you come to a point that that you forgave your dad and that you've been able to move on?



19:24

Yeah. I have sat on the couch for him and we have tucked in grad together and I have forgave him. I did a long time ago. I did it a long time ago, but I don't think I really meant what I said. But now there's a there's a piece about it. There's still a little bit of there's still some tension, some animosity when the phone rings and his name is on there. But I have forgive him. And I've asked for forgiveness for a few things. You know, there's been times probably where I feel like I didn't try hard enough as well. Maybe. But I'm what your high, but it's same time is with the current state that easy and it's hard to trust.

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Scott Hilton (Host) 20:36

Exactly. Exactly. What if what what would be your ideal situation with your dad from here or here for if you could write the script as to what's going to happen now



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honestly it sounds awful, but a farm neighbor to call the game

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Scott Hilton (Host) 21:15

you know that's, that's reality guys, you treat your kids like dirt. This is the reality of what happens. And I think the message here for our target audience for those young guys are, you know, needing to break to the generational curses in the flip the script. If If you treat your kids like dirt, there comes a day where they don't want anything to do with you. Yeah, I think you're at that point. And nobody can blame me, quite frankly, 40 years of treating kids like dirt. This is the result can kinda kind of wrap up there, throw it, throw away the crutches, quit blaming people, and I'm gonna tell you something. If anybody did have a good reason to make excuses, it's you. I mean, you've you've you've had a rough. And I think that's the message that young men need to hear is a guy I'm looking at right here is that it as rough as anybody I've ever know. And he throw away the crutches. No excuses. You don't like it. And the evidence of that

is 20 years of committed marriage and being a faithful worker, husband. And most importantly for me if a faithful, great dad, so we got with your daughter. And we just asked her to tell us what she thinks about her dad. And we want to share that with you.



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The thing I like most about my dad is he's always there. He's always there supporting no matter. Like any sporting events, he's there. He's always there with a smile on his face. And then it'd be nice to leave work early, or go to work longer on another day just to get things done. And he did everything. He he was every gymnastics man I ever had. He's been every cross country race I've ever had every track me everything. He's always been there. And he's always come and supported me. And he's always he's always been there. My favorite story about my dad is so when I was younger, I did competitive gymnastics. And one day my grandparents picked me up from school because I had a knee. And they said that my dad had had an accident. And at first I was confused. I didn't really know what was happening. I just knew something wasn't right, because they were kind of startled. And so by the time I got home, my dad was sitting on the couch, covered in bandages, and I could tell he was in a lot of pain. Him and a guy he worked with were burning bushes and lambs and stuff out here at our house and he threw a bottle that had a little bit of gasoline, not even a lot on the fire and it flamed up and burned. And it burned them so buddy ended up having like third degree burns on the backs of his legs and first and second on the back of his arms. It was bad. In the mean, I had that day was like an hour and a half, almost two hours away. And I remember coming in and saying it's okay. You don't have to go understand. I can tell you how When I get home, you do not have to give a promise It's okay. And he looked at me, and he said, I wouldn't miss it. I don't care how much pain I'm in. He was not gonna miss it. And he didn't. He rode in the car for almost two hours and then sat on bleachers for several hours after that, and sat there and watched me compete and told me I did a great job and then we all went home and that was that was the day I knew that he wouldn't be there for me for everything because he was in so much pain but he he came to that anyway and then that I want to thank you for for all he's been there for always come in and support me with a smile on your face and never question anything about it. And I also want to thank you for being my partner and Graham we get into some crazy things. And sometimes I don't like it, but it's always worth it in the end because we'll always have those memories



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and I just want to thank you for me and my dad because I would not be the person I am today without you and you've taught me how I should carry myself and how I should add really thank you for that because I'm getting here and I need it today. So I thank you for everything and I thank you for all the memory roommate and all the more than we're gonna make I Love You



Scott Hilton (Host) 27:18

So how does it feel to be a hero? Speechless you don't have to say anything. You've been through enough. That's an incredible story. third degree burns. And the part I don't think she told us you the doctors came the medics I think came to get you in at the accident. And you told him I'm not going to the hospital because my daughter has a gymnastics made. You

wrapped it up and went down there. And then when he came after you after you sat through that meat came home, she told me that when she saw you unwrap your third degree burns all over your your back and your legs. And she said when I saw what my dad had been through, I knew that he would always be there for me. So Bear thanks for being a hero.



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Thank you for having me.



Scott Hilton (Host) 28:44

It's been good. You're gonna inspire somebody. You're gonna inspire someone. I know. This has been tough. But thank you so much for sharing your story. That's gonna conclude another episode of The that's my dad podcast. And I think today we've inspired my young father to be a great dad and I think we've gone a long way in breaking cycles of generational fatherlessness. Thanks for joining us. We'll see you again next week.